



Getting vaccinated means hugging the people I love.

**Better Tomorrow**

After more than a year of living through a pandemic, vaccines have brought hope to many that the pandemic will soon be over. For others, vaccines have brought more questions than answers. As we work toward making the best decisions for ourselves, our families, and our community, it's important to have information from trusted sources.

Better Tomorrow is your trusted source for information and resources about COVID-19 vaccines.

- We are on a mission to create a Better Tomorrow.
- A tomorrow where we are better informed.
- A tomorrow where we have better access.
- A tomorrow where we are better together.

Getting vaccinated means holding my son without worrying.

Better Tomorrow is a partnership of trusted voices committed to providing dependable vaccine information for communities of color.



Scan the QR code to visit the Better Tomorrow website or go directly to MyBetterTomorrow.org to learn more.


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## What to Know About the COVID-19 Vaccines

With multiple vaccines and daily updates, you may have questions and we are here to help.

### WHAT IS A VACCINE?

- Vaccines help your immune system produce antibodies, the proteins that protect against viruses. They work by injecting a non-functioning virus or protein code into the body to trigger an immune response and produce antibodies. (CDC)
- There are currently three COVID-19 vaccines available in the U.S.

### TYPES OF COVID-19 VACCINES

- mRNA vaccines teach our cells how to make a protein which creates antibodies against COVID-19. These shots do not contain the virus. (CDC)
- Vector vaccines use a harmless virus to help your immune system make COVID-19 antibodies. The virus used in these vaccines can't make you sick. (CDC)



## Vaccine Safety and Your Info

### WHAT DO I NEED TO GET A VACCINE?

- To get a vaccine, you will need to provide your name, date of birth, address, and ethnicity. If you're getting your second dose, you will need to show the CDC vaccination card that you received after your first dose.
- You do not need health insurance to get a vaccine. They are free for everyone living in the U.S. If you are asked to pay for a vaccine, be aware that it may be an attempted scam. (CDC, UnidosUS).

### WILL I BE ASKED ABOUT MY IMMIGRATION STATUS WHILE GETTING A VACCINE?

- No, the COVID-19 vaccines are free and available to everyone living in the U.S. You will only be asked for basic information including your name, date of birth, address, and ethnicity. (CDC, DHS)

### HOW THE VACCINES WERE TESTED

- The safety and effectiveness of the COVID-19 vaccines was evaluated over several months in tens of thousands of participants during clinical trials. The results of the clinical trials meet the FDA's standards for emergency use authorization.
- Millions of people in the U.S. have already received COVID-19 vaccines. The vaccines have undergone the most in-depth safety monitoring in U.S. history. (CDC)

### COMMON SIDE EFFECTS OF THE VACCINES

- While some people may not experience any side effects, side effects can occur within a few hours after receiving the initial COVID-19 vaccine and have been reported as more intense with the second dose.
- Pain and swelling around the injection site, tiredness, headaches, chills, fever, and nausea have been reported with all available vaccines. These side effects are a sign your body is responding well to the vaccine. For more information about potential side effects, please contact the pharmaceutical manufacturers. (CDC)

### NON-ENGLISH SPEAKERS

- If your loved one does not speak English, but you do, you can help them through the vaccination process. Make sure you have their permission to sign them up for a vaccine and, if needed, accompany them to the vaccination site. Find out how the vaccination site your loved one is going to is set up and have a game plan to reunite with them after they get their vaccine.

